

## I. GENERAL INFORMATION

1. The following rules shall govern all teams and leagues under the jurisdiction of the Solvang Recreation Department. With the exception of local guidelines, all rules will be administered in accordance with the Official High School Volleyball Rules Handbook.
2. The City of Solvang, the Santa Ynez Valley Union High School, Buellton Recreation Center and/or Solvang Elementary School will not assume responsibility for personal injury or property damages to persons participating in this adult sport activity. The participant recognizes there is a risk of injury by participating in this program.
3. The City Recreation Staff shall serve as League Director and has final authority to make decisions pertaining to all league rules and regulations. The Solvang Recreation Department shall determine the number, variety, and type of leagues.
4. The team manager(s) has full responsibility for assuming all financial obligations to the city regardless of cause. No refunds are made after teams have been placed into leagues unless a replacement team can be found.
5. The home team of the first game of the evening is required to arrive at least 15 minutes before game time to help prepare the court for play. The home team of the last game of the evening must stay to take down the net and standards.
6. Neither players nor visitors may enter the gym until directed to do so by either a Solvang Recreation or a SYVUHS representative.

## II. LEAGUE POSITIONING

1. Upon registration, each team may request placement in a specific division; however, Solvang Recreation reserves the right to assign teams when necessary. In order to provide a more balanced league, better play and competition or if it is apparent that a team is misplaced within a division, adjustments may be made between the 3rd and 5th week of play or halfway through the season. Teams that are moved up to a higher league because of this rule would be assured of a spot in a playoff. For example, if your team begins the season in B league and is moved to A league, you will be guaranteed of a playoff spot in either A or B league.

## III. PRE-GAME/GAME RULES (Official High School Rules Will Apply)

1. A match will consist of three (3) games, all of which count in the league standings.
2. All games will be played to twenty-five (25) points. A team can win by one (1) point with a twenty-five (25)-cap limit. Opponents change courtsides after each game. Teams are allowed two (2) time-outs per game; 30 seconds each, as well as a three-minute break between each game (as time permits). All matches are limited to one (1) hour. Rally scoring and let serves are in effect.
3. Official will flip a coin for the choice of service or court. The winning captain exercises the first option; the losing captain exercises the second option. Teams shall change courtsides at the end of each game. Official will flip a coin for all third games.
4. Game time is forfeit time. The team without enough players (4) shall be allowed fifteen (15) minutes before official will forfeit second game and thirty (30) minutes after game time to forfeit third game. The score of a forfeited game shall be recorded as 25-0. There must be a 24-hour notice if you cannot make your scheduled game, and the team will receive a loss instead of a forfeit. Two forfeits may cause a team to be expelled from the league.
5. Only the team captain/manager of the team may talk with the official. Officials have the authority to stop the game on game delays. These include: a) Balls rolling away or under bleachers, b) Injuries or other on-court disturbances.
6. A game shall be played with six (6) players, three (3) on the front line, and three (3) on the back line. A team may start and continue with four (4) players. This is to encourage the recreational philosophy of "Let's play." Players must alternate positions on the court (male/female).
  1. In Coed play, the following are the ONLY combination of players that can be legal:

a. 3 men; 3 women; 6 total	b. 2 men; 4 women; 6 total	c. 1 man; 5 women; 6 total	d. 3 men; 2 women; 5 total
e. 2 men; 3 women; 5 total	f. 1 man; 4 women; 5 total	g. 2 men; 2 women; 4 total	h. 1 man; 3 women; 4 total
7. Net height will be eight (8) feet.
8. No blocking on a serve. No attacking on a serve. Any first ball over may be double hit, including finger action.
9. Each team may not play the ball more than three (3) times before returning it over the net. In Coed, when the ball is played more than once on either side, a woman must play at least one play. A block is not considered a play of the three available hits. If two male players touch the ball and it then is returned over the net in a non-attacking manner this is not considered illegal. This rule lies in part to the discretion of the official.
10. The ball must be clearly hit. There shall be neither catching, pushing, carrying, nor slinging of the ball. Being that this is a recreational league, lower leagues will be given varied leniencies on this rule to be determined by the official.
11. A ball that hits a boundary line is considered "good".
12. No player can touch the net.
13. The centerline under the net may be stepped on but not over.
14. Simultaneous contact by teammates is considered one play. Either player may make the next play on the ball (this will be considered the second hit).
15. A ball, other than on the serve, may strike one or more times on the ceiling, beams, or lights, and may still be played by the offending team according to the rules as though the ball had not touched these obstructions. However, no such rebounding ball may legally strike above the opponent's side of the net nor may it legally fall to the opponent's court. A ball is considered dead when it touches any wall.
16. The following two ways of substituting players are acceptable. Manner of substitution **must** be declared to the referee at coin toss: a) One for one (substitutes are assigned to a specific player to substitute for), b) On a rotation basis. ex: When a male player rotates out in turn, the next available male player will rotate in, taking the existing player's position. Upon completing a full rotation (all six positions played in order) that player rotates out allowing the next available male player to enter.
17. The back row of players may move up to the front row but cannot attack in front of the ten-foot line. They may however, attack the ball in the air if they leave from behind the ten-foot line. Back row players **may** approach the net to block only when two women and one man occupy the front row.
18. In the event of a pair (or more) of teams ending in a tie at the end of the season, a tiebreaker will be put into effect. Tiebreaker 1: Head to head competition. Tiebreaker 2: Game score differential between head to head teams. Tiebreaker 3: Head to head competition versus other high-ranking teams. Tiebreaker 4: Game score differential versus other high-ranking teams.

## IV. PLAYER ELIGIBILITY/TEAM ROSTERS/LATE ROSTER ADDS

1. A roster of players is to include names, addresses, phone numbers, and signatures of ALL players. The maximum number of players on a team roster is twelve (12) players. The minimum number of players on a team roster is five (5) players.
2. A player must be sixteen (16) years of age.
3. Each Team Manager ASSUMES THE RESPONSIBILITY of assuring that each of his/her players is legally rostered. A player found to be "illegal" for whatever reason is subjecting his/her team to a forfeit, his/her Team Manager to a suspension, and his/herself to a suspension. No player will be allowed to play if he/she is not on the official roster. (Rosters located at the Recreation Department.)
4. A player whose name appears on one or more rosters will have to "legally" participate on the team he/she plays for first in LEAGUE play. Once a player plays with a team, his/her manager, prior to playing on another team must release him. Once player is released, he/she can play with another team after sitting out one league match.
5. Players may be added throughout a "Late Add" process during the first two- (2) weeks of play only. No one residing outside of the Santa Ynez Valley may be added through the "Late Add" process.
6. A Team Manager may petition the league to add players to his/her league roster following the two weeks if EXCEPTIONAL JUSTIFICATION is given to the League Director to support this action. All players being added must wait one week after their add before being eligible to play. I.e. A team cannot add a player on a game night and expect he/she to play that evening. No additions will be accepted at the gym. If, in the opinion of the league officials, a player(s) is too exceptional in

ability to participate in a certain league, the said player(s) will be dropped from the team roster. \*Teams wishing to add players through this process need the written approval of the captains of the other teams within the division before the player(s) may participate.

7. Dropping players - Manager must sign and turn in an add/drop slip the Recreation Department.

#### **V. PROTESTS**

1. **OFFICIALS' RULING WILL BE FINAL.** No protests will be considered. If no official is present at game time, team managers may jointly agree to play the game and if so, the final score from that game **will** stand. Registered teams have paid to play volleyball matches. Registration fees are not used to pay for free gym time. Officials are not expected and not legally allowed to officiate forfeited games.

2. All protests will be received if the following procedures are followed: a) Whenever a matter of protest arises during a game, the captain or manager of the protesting team shall immediately notify the official and opposing manager of this intention to protest; b) The "Intent to Protest" **must be** filed in writing with the League Director no later than the day following the game; c) All "protests" will be ruled on by the League Director and anyone he/she might ask for assistance; d) If deemed necessary, a game may be rescheduled.

#### **VI. CONDUCT**

1. **UNSPORTSMANLIKE CONDUCT WILL NOT BE TOLERATED.** Players ejected from a game will receive, at minimum, an additional one (1) game suspension. The department will review each case to determine if a more severe penalty is warranted. A suspension may range from one (1) game to permanent disqualification. If a suspension causes a team to have less than four (4) players, all remaining games in the match (including the one being played at the time of the suspension) shall count as a forfeit.

2. Consuming alcohol prior to, or during games, is not permitted. A team or player may be subjecting themselves to a forfeit and/or a suspension if caught violating this SCMAF, SYVUHS and City of Solvang rule. Consuming alcohol or tobacco on school property is a violation of state law. Minimum penalty: suspension from two league games, placed on probation for the remainder of the season. Maximum penalty: suspension for the remainder of the season.

3. Any physical contact or threat thereof upon an official, player or spectator meant to do harm will mean automatic removal from a game, and the offender(s) will be placed on suspension until action is taken. Minimum penalty: suspension from two league games, placed on probation for the remainder of the season. Maximum penalty: suspension for life and/or assault charges filed.

4. No player shall refuse to abide by official's decision. Minimum penalty: placed on probation for the remainder of the season. Maximum penalty: suspension from two league games, placed on probation for the remainder of the season.

5. No player shall be guilty of objectionable demonstrations of dissent at official's decision. Penalty: the degree of infraction of this tenet of good sportsmanship shall be in the official's judgment draw - minimum penalty: warning from the official; maximum penalty: removal from the game.

6. No player shall be guilty of using unnecessarily rough tactics in the course of the game against the body and person of an opposing player. Officials are required to immediately suspend players from further play and report to the League Director. Minimum penalty: placed on probation for the remainder of the season. Maximum penalty: suspension for two league matches and placed on probation for the remainder of the season.

7. No player shall be guilty of an abusive verbal attack upon any player, official, or spectator. Officials are required to immediately suspend player from further play and report such player to the League Director. Minimum penalty: placed on probation the remainder of the season. Maximum penalty: suspension from two league matches and placed on probation for the remainder of the season.

8. No player shall be guilty of discussing publicly with spectators in a derogatory or abusive manner any play decisions of his/her personal opinion of other players during the game. Penalty: officials are required to warn players guilty of infraction of this rule, and failure of such player to comply will result in removal from the match.

9. No players or manager shall be guilty of using, playing, or have knowledge of an illegal player, or player using an assumed name. Minimum penalty: two-match suspension. Maximum penalty: suspension for the remainder of the season.

**Please note:** a) suspensions have no boundaries. I.e. If a player gets suspended or put on probation during one season, it may carry onto the next season and/or other sports; b) any player being placed on probation for the remainder of the season and reported again for violation of the "Code of Conduct" will be suspended for the remainder of the season; c) any player removed from the game may be required to leave the facility immediately, failure to do so will carry the maximum penalty of suspension for the remainder of the season.

10. There is **NO SMOKING, EATING, OR DRINKING IN THE GYM.** Non-marking, gym shoes **MUST** be worn.

11. Teams (including players, coaches, and spectators) participating in sport leagues that are sponsored by the Recreation Department, or where officials and umpires are furnished by the City, shall be expected to exhibit proper sportsmanship before, during and after all games. Teams are responsible for the conduct of their team's spectators. Teams repeatedly abusing the sportsmanship rules as deemed by the official(s) and/or League Director may be unable to participate in any playoffs, nor may they receive any awards due for winning a given league. They may also lose priority for registering in further leagues. A team manager is the ultimate official representative for a team and is therefore responsible for informing all players of conduct rules.

12. The game official is allowed to give each team one- (1) warning per match for using profane language. Any further infractions will result in, at minimum, a forfeit of the game or ejection of the offending player.

13. Officials assigned to games shall have complete charge of the game, may issue yellow/red cards at their discretion and have the power to banish players, managers, sponsors, spectators, or any other person from the players bench or from the gymnasium for misconduct, delaying the game, or any other reason deemed necessary for the good of the game. Officials' decisions shall be final, with the exception of misinterpretation of the rules.

14. Families and friends are welcome to come and watch, however, **CHILDREN MUST BE SUPERVISED AT ALL TIMES** by an individual not playing. If play must be stopped due to a child coming on or coming too close to the court a time-out may be charged to the offending team. If there are no time-outs available, the referee can require a player to be pulled from the game to supervise the children. **NO SOLICITING** is allowed in the foyer by any individual, adult or child. **NO PLAYING** is allowed in the foyer. **NO CLIMBING** of bleachers. **NO HORSEPLAY** allowed inside/outside the gym on school property. Infractions of these rules by any individual related to a team directly/indirectly will result in possible forfeit(s). Repeated infractions will lead to severe action taken by League Director.

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#### **Santa Ynez Valley Union High School and Buellton Recreation Center**

#### **Rules Applying to Solvang Recreation's Gymnasium Use**

- Santa Ynez Valley Union High School and Jonata School are "Tobacco Free" campuses.
  - No food or drink of any kind allowed in the facility. Water fountains throughout the campus provide water.
  - No hard-soled shoes allowed in the gymnasiums.
  - Furniture and equipment moved during use is to be returned to original location.
  - No objects are not to be taped or strapped to any structure or surface of any facility.
  - There is to be no "horseplay" in any of the facilities or on the campus.
  - No climbing on top of any facility or any internal structures (ex. bleachers).
  - Use of the facility is limited to approved dates and times.
  - The group supervisor must be on site at all times during the scheduled use of the Santa Ynez Valley Union High School facilities.
  - Children of participants must be under **DIRECT SUPERVISION AT ALL TIMES**. The supervisor of Solvang Recreation will be responsible for ensuring children are not running loose on campus, playing sports in the foyer, etc. Those individuals not obeying this rule will be referred to the Solvang Recreation supervisor. Vandalism will be reported to the law enforcement agency.
  - Santa Ynez Valley Union High School and Buellton School District reserves the right to contact the Sheriff's Department for any individual and/or their respective children whom the District deems is vandalizing or causing a disturbance.
  - The cost of repair(s) and/or replacement due to damage caused by the user will be determined by Santa Ynez Valley Union High School District or Buellton Rec Center and billed to the user.
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